

**Wienerschnitzel Nutrition Information
Including Tastee Freez**

	Calories (kcal)	Fat Cal (kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Fiber (g)	Sugars (g)	Protein (g)	Wheat	Soy	Peanuts	Tree Nuts	Eggs	Milk	Fish	Shellfish
WORLD FAMOUS DOGS																			
Chili Cheese Dog	350	180	20	7	0	50	1160	30	1	4	15	X	X				X		
Chili Dog	300	140	15	5	0	40	900	30	1	4	12	X	X						
Kraut Dog	280	130	14	4	0	35	860	29	2	4	12	X	X						
Mustard Dog	280	130	14	4	0	35	700	28	1	4	11	X	X						
Junkyard Dog	430	210	24	7	0	50	1370	42	2	5	15	X	X				X		
Chicago Dog	330	130	15	4	0	35	2630	37	2	12	12	X	X						
Green Chile Chili Cheese Dog <i>(not available at all locations)</i>	390	200	22	9	0	60	1080	31	1	5	18	X	X				X		
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Substitute Pretzel Bun <i>(in place of standard bun)</i>	+140	+32	+4	0	0	0	+70	+23	+1	+2	+3	X							
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Substitute All Beef Hot Dog <i>(in place of World Famous hot dog)</i>	+100	+80	+10	+4	+1	+15	+270	+1	0	+1	+4								
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Substitute Polish Sausage <i>(in place of World Famous hot dog)</i>	+140	+110	+12	+5	0	+25	+420	+2	0	+1	+7		X						
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VEGGIE DOGS																			
Backyard Veggie Dog	320	117	13	3	0	15	1190	39	0	7	9	X					X		
BBQ Veggie Dog	300	81	9	0.5	0	0	900	43	0	12	7	X							
Chicago Veggie Dog	290	81	9	0.5	0	0	1860	41	0	10	7	X							
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BURGERS																			
Burger Plain	300	81	9	3	0	20	810	30	0	7	21	X							
Cheeseburger Single	350	126	14	5	0	35	1060	31	0	7	24	X					X		
Cheeseburger Double	760	405	45	18	1.5	185	2190	31	0	7	56	X					X		
Chili Cheeseburger	450	220	24	9	1	95	1290	27	1	3	32	X	X				X		
Double Chili Cheeseburger	770	410	45	18	1.5	195	2340	30	1	3	58	X	X				X		
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CHILI CHEESE FRIES																			
Chili Cheese Fries, Regular	530	260	29	6	0	30	1240	53	5	1	13	X	X				X		
Chili Cheese Fries, Large	1060	500	55	9	0	35	2480	117	12	2	21	X	X				X		
Bacon Ranch Chili Cheese Fries, Regular	630	350	39	8	0	35	1570	54	5	2	16	X	X				X	X	
Bacon Ranch Chili Cheese Fries, Large	1320	720	80	16	0	70	3120	119	12	4	31	X	X				X	X	
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FRIES & SIDES																			
Fries, Small	310	140	16	1.5	0	0	510	38	4	0	4								
Fries, Medium	440	200	23	2	0	0	780	54	6	0	6								
Fries, Large	640	300	33	2.5	0	0	1280	79	8	1	8								
Jalapeno Poppers <i>(6 pak) without ranch dressing</i>	300	150	16	5	0	20	920	31	3	3	8	X					X		
Jalapeno Poppers <i>(12 pak) without ranch dressing</i>	600	290	33	11	0.5	40	1840	61	5	6	15	X					X		
Jalapeno Poppers <i>(20 pak) without ranch dressing</i>	1000	480	54	18	1	65	3070	102	8	10	26	X					X	X	
Ranch Dressing <i>(for Jalapeno Poppers)</i>	90	90	10	1.5	0	10	250	1	0	1	1		X				X	X	
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FAN FAVS																			
Texas BBQ Dog	500	290	32	12	1	70	1280	36	1	12	21	X	X				X		
Corn Dog	230	120	13	3	0	40	490	21	1	6	8	X	X				X		
Mini Corn Dogs <i>(6 pak)</i>	360	170	19	4	0	50	650	35	2	9	10	X	X				X	X	
Mini Corn Dogs <i>(12 pak)</i>	710	350	39	8	0	95	1300	70	3	18	21	X	X				X	X	
Mini Corn Dogs <i>(20 pak)</i>	1190	580	65	13	0	160	2170	117	5	31	35	X	X				X	X	
Polish Sausage Sandwich	500	310	34	11	0	70	1820	36	2	0	23	X	X				X		
Fritos Pie <i>(not available at all locations)</i>	490	290	31	8	0	35	1130	40	2	2	12	X	X				X		
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TASTEE FREEZ																			
Cone, Plain	205	63	7	4	0	30	150	34	1	24	4	X	X				X		
Cone with Sprinkles	240	80	9	4	1	30	150	40	1	27	4	X	X				X		
Cone, Froot Loops Dipped	390	190	22	15	0	30	170	47	1	35	4	X	X				X		
Cone, Chocolate Dipped	350	185	21	17	1	30	165	40	2	29	5	X	X				X		
Old Fashioned Sundae, Chocolate	390	130	14	8	0	55	250	64	2	52	7						X		
Old Fashioned Sundae, Strawberry	370	120	14	8	0	55	220	59	1	49	7						X		
Old Fashioned Sundae, Caramel	400	130	14	8	0	55	250	66	1	54	7						X		
Tastee Shake, Chocolate	880	270	30	17	0	125	630	147	4	121	17						X		
Tastee Shake, Strawberry	880	270	30	17	0	125	580	147	3	121	17						X		
Tastee Shake, Vanilla	880	270	30	17	0	125	570	145	3	120	17						X		
Shake, Froot Loops	1040	500	56	36	0	115	550	135	3	107	16	X	X				X		
Shake, Chocolate with Oreo Cookie	880	280	31	16	0	115	670	151	5	117	17	X	X				X		
Shake, Reese's Peanut Butter Cups	860	330	37	19	0	115	620	128	4	103	19			X			X		
Float, Mug Root Beer	440	110	12	7	0	55	290	83	1	73	7						X		
Float, Strawberry Lemonade	450	108	12	7	0	55	390	87	1	77	7						X		
Float, Wild Berry Lemonade	440	108	12	7	0	55	340	85	1	74	7						X		
Float, Watermelon Lemonade	440	108	12	7	0	55	340	85	1	75	7						X		
Freeze, Oreo	710	250	28	14	0	90	360	112	4	83	13	X	X				X		
Freeze, Reese's Peanut Butter Cup	690	270	30	15	0	95	500	103	3	83	15		X	X			X		
Banana Split, Classic <i>(not available at all locations)</i>	670	150	17	9	0	65	320	129	7	107	9						X		
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BREAKFAST (not available at all locations)																			
Burrito with Egg, Bacon & Cheese	410	180	20	8	0	195	1170	38	1	1	20	X	X				X	X	
Burrito with Egg, Sausage & Cheese	510	260	29	12	0	215	1200	42	1	1	20	X	X				X	X	
Chili Cheese Egg Breakfast Burrito	350	130	14	6	0	185	1000	39	1	0	16	X	X				X	X	
Biscuit Sandwich with Egg, Bacon & Cheese	490	270	30	15	0	195	1550	36	1	3	19	X	X				X	X	
Biscuit Sandwich with Egg, Sausage & Cheese	380	350	39	19	0	215	1580	40	1	3	18	X	X				X	X	
Hash Brown Po'Taters	330	210	23	2	0	0	570	28	3	0	3								
Biscuit & Gravy <i>(not available at all breakfast locations)</i>	390	190	21	11	0	5	1120	42	1	3	7	X	X				X	X	
Country Breakfast <i>(not available at all breakfast locations)</i>	640	360	40	13	4	375	1820	47	1	4	24	X	X				X	X	
Croissant with Egg, Bacon & Cheese <i>(not available at all breakfast locations)</i>	530	280	31	17	1	250	1080	40	1	8	20	X	X				X	X	
Croissant with Egg, Sausage & Cheese <i>(not available at all breakfast locations)</i>	620	360	40	21	1	270	1110	44	1	8	20	X	X				X	X	
French Toast Sticks without syrup <i>(not available at all breakfast locations)</i>	480	225	25	3	0	0	270	52	0	7	7	X	X				X	X	

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BEVERAGES																			
Iced Tea	0	0	0	0	0	0	0	0	0	0	0								
Coffee <i>(not available at all locations)</i>	0	0	0	0	0	0	0	0	0	0	0								
Orange Juice <i>(not available at all locations)</i>	140	0	0	0	0	0	0	33	0	28	2								
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20 oz Pepsi (without ice)	250	0	0	0	0	0	60	68	0	68	0								
20 oz Diet Pepsi (without ice)	0	0	0	0	0	0	60	0	0	0	0								
20 oz Mountain Dew (without ice)	280	0	0	0	0	0	115	77	0	77	0								
20 oz Sierra Mist (without ice)	230	0	0	0	0	0	60	65	0	65	0								
20 oz Mug Root Beer (without ice)	270	0	0	0	0	0	110	72	0	72	0								
20 oz Dr Pepper (without ice)	230	0	0	0	0	0	75	65	0	65	0								
20 oz Lemonade (without ice)	250	0	0	0	0	0	260	68	0	68	0								
20 oz Strawberry Lemonade (without ice)	310	0	0	0	0	0	260	81	0	81	0								
20 oz Cucumber Lemonade (without ice)	290	0	0	0	0	0	250	77	0	77	0								
20 oz Wildberry Lemonade (without ice)	300	0	0	0	0	0	250	79	0	78	0								
20 oz Watermelon Lemonade (without ice)	290	0	0	0	0	0	250	79	0	79	0								
~																			
30 oz Pepsi (without ice)	370	0	0	0	0	0	90	103	0	103	0								
30 oz Diet Pepsi (without ice)	0	0	0	0	0	0	90	0	0	0	0								
30 oz Mountain Dew (without ice)	430	0	0	0	0	0	170	115	0	115	0								
30 oz Sierra Mist (without ice)	350	0	0	0	0	0	85	98	0	98	0								
30 oz Mug Root Beer (without ice)	400	0	0	0	0	0	160	108	0	108	0								
30 oz Dr Pepper (without ice)	340	0	0	0	0	0	115	98	0	98	0								
30 oz Lemonade (without ice)	370	0	0	0	0	0	390	100	0	100	0								
30 oz Strawberry Lemonade (without ice)	460	0	0	0	0	0	390	122	0	122	0								
30 oz Cucumber Lemonade (without ice)	430	0	0	0	0	0	380	115	0	115	0								
30 oz Wildberry Lemonade (without ice)	440	0	0	0	0	0	380	118	0	118	0								
30 oz Watermelon Lemonade (without ice)	440	0	0	0	0	0	380	118	0	118	0								
~																			
40 oz Pepsi (without ice)	500	0	0	0	0	0	115	137	0	137	0								
40 oz Diet Pepsi (without ice)	0	0	0	0	0	0	115	0	0	0	0								
40 oz Mountain Dew (without ice)	570	0	0	0	0	0	230	153	0	153	0								
40 oz Sierra Mist (without ice)	470	0	0	0	0	0	115	130	0	130	0								
40 oz Mug Root Beer (without ice)	530	0	0	0	0	0	220	143	0	143	0								
40 oz Dr Pepper (without ice)	450	0	0	0	0	0	150	130	0	130	0								
40 oz Lemonade (without ice)	490	0	0	0	0	0	520	133	0	133	0								
40 oz Strawberry Lemonade (without ice)	610	0	0	0	0	0	520	163	0	162	0								
40 oz Cucumber Lemonade (without ice)	580	0	0	0	0	0	510	154	0	153	0								
40 oz Wildberry Lemonade (without ice)	590	0	0	0	0	0	510	157	0	157	0								
40 oz Watermelon Lemonade (without ice)	590	0	0	0	0	0	510	157	0	157	0								
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<p>Wienerschnitzel attempts to provide nutrition and allergen information that is as complete as possible. Seasonal, regional, and limited-time items are not included. The information is based on standard product offerings. Variations may occur depending on local supplier, region of the country, season of the year, and customer requests. Nutritional values are based on USDA Standard Reference values, information from our suppliers, and the Genesis R&D Nutrition Analysis Program from ESHA Research in Salem, Oregon.</p>																			